Chambers COOKS WITH THE GAS TURNED off

Recipes
For Your
Chambers Range

# Cook Your Dinner in the Chambers Thermowell with the Gas Turned Off

## THERMOWELL ONE DISH MEALS

## RAISIN POT ROAST WITH VEGETABLES

3 to 4 pound chuck roast of

1/2 to 1 cup boiling water 1/2 of a Bay leaf

beef
1 teaspoon salt
Pepper to taste
Flour

1/2 of a Bay lear 1/2 cup raisins 6-8 carrots 6-8 potatoes

1 clove garlic chopped, or 1 onion

Wipe meat with a damp cloth, sprinkle with salt and pepper and rub with flour. Brown meat carefully on all sides in hot fat in the Single Thermowell kettle. Add the garlic when browning the last side of meat. Add the boiling water, together with the bay leaf and raisins. Cover and place kettle in Thermowell. Burn gas turned down for 30 minutes. Put vegetables into kettle with meat just 10 minutes before turning off gas. Leave in on retained heat for about  $2\frac{1}{2}$  hours or longer.

# SPAGHETTI AND MEAT BALLS (Chambers "Idle Hour" Cook Book)

1½ pounds hamburger 4 tablespoons flour 1½ teaspoons salt ¼ teaspoon pepper

1 teaspoon paprika
1 tablespoon minced onion
3 tablespoons cold water
1/2 clove garlic, minced

Mix and mold into balls. Dredge in flour and brown in fat on top burner in single or twin Thermowell kettle. Then add:

1½ cups spaghetti broken into
2 inch lengths (7 oz. pkg.)
4 cups tomatoes (No. 2½ can,
add water to make 4 cups)

2 tablespoons minced onion 1 tablespoon sugar

2 teaspoons salt 1 cup hot water

Place in Thermowell and burn gas 15 minutes. Cook on retained heat for 1 hour or as much longer as you may desire.

# PORK AND BEANS WITH BROWN BREAD (Chambers "Idle Hour" Cook Book)

2 cups dried Great Northern beans 6 cups cold water
1/4 teaspoon soda

Do not soak beans. Simply bring to boil with water and soda in large, single Thermowell kettle, in Thermowell, burning gas 10 to 15 minutes. Turn off gas and cook on retained heat for 1 to 1½ hours or as much longer as desired. Remove; drain; add:

l onion, sliced ½ to ½ pound salt pork, cubed 3 tablespoons dark brown sugar ½ cup dark molasses 1 teaspoon salt

1/2 teaspoon dry mustard 2 cups water

Mix together in kettle and push to outside, so insert containing brown bread batter can be added. Turn down gas in Thermowell to a lower flame and cook beans with 30 minutes of gas and 3 hours or longer of retained heat. Serve with chile sauce or catsup on the side.

#### STEAMED BROWN BREAD

34 cup sifted white flour 34 cup yellow commeal 34 cup graham or whole wheat flour 14 teaspoon salt 1/2 cup brown sugar
1/3 cup dark molasses
1/2 cup seedless raisins
1/2 cup chopped nut meats

1/2 teaspoon salt 1 teaspoon soda

1½ cups buttermilk or sour milk

1/2 teaspoon baking powder

Sift white flour, measure and sift with salt, soda and baking powder. Add whole wheat flour, cornmeal, brown sugar, nut meats and raisins. Mix well. Add molasses and buttermilk to well beaten egg. Combine wet and dry ingredients. Pour into insert of Thermowell double boiler, greased and lined in the bottom with waxed paper. Clamp into lid and fit down into large, single kettle, pushing beans to the outside. Cook with beans with 30 minutes of gas, turned down, and 3 hours or longer of retained heat. If not cooking with beans, put 2 inches of hot water in bottom of large kettle.

# Chambers Cookery Makes Inexpensive Food Tempting and Delicious

## CHAMBERS OVEN DINNER

(Serves Six)

MEAT LOAF TWINS

PARSLEY CREAMED POTATOES

GREEN BEANS

MIXED GREENS SALAD

APPLE SAUCE

CAKE OR COOKIES

TEA OR COFFEE

Set oven control at 500° and preheat oven for 10 minutes.

#### MEAT LOAF TWINS

11/2 pounds beef ground with

1/2 pound fresh pork 1/4 cup minced onion

2 tablespoons chopped celery or

1/4 teaspoon celery salt 2 teaspoons salt

1/4 teaspoon pepper 1/4 teaspoon mustard

1/4 teaspoon poultry seasoning

1/4 teaspoon sage 2 beaten eggs 4 slices soft bread l cup warm milk

I tablespoon Worcestershire sauce (optional)

1 cup chili sauce or catsup

Thoroughly mix meat, onion, celery or celery salt, pepper, mustard, poultry seasoning, and sage. Cut off the crusts from the bread and cube and add to the warm milk. Let this stand for several minutes. Add the Worcestershire sauce and the beaten eggs to this thickened mixture and beat with a rotary beater. Combine with meat and mix thoroughly. Place in two small greased 7x3½-inch loaf pans. Spread ½ cup chili sauce over each loaf. Bake in a Chambers preheated oven at 500° with the gas on for 20 minutes, then turn off the gas and leave in on retained heat for 1 to 1½ hours. Serve the Twin Meat Loaves on a large platter and garnish with parsley, or one of the loaves may be saved for another meal.

## PARSLEY CREAMED POTATOES (Chambers "Idle Hour" Cook Book)

6 medium sized potatoes

2 cups medium white sauce 2 tablespoons minced parsley

½ cup water Salt and pepper

Paprika

Peel potatoes and place with water in a twin or triple Thermowell kettle. Put in oven 10 minutes before turning off gas on meat. Remove with meat, drain, season, cover with hot white sauce. Sprinkle over with the minced parsley and a dash of paprika.

## OLD FASHIONED GREEN BEANS (Chambers "Idle Hour" Cook Book)

3 cups fresh or canned green

beans

1/8 teaspoon pepper

2 strips bacon, cut small

2 tablespoons brown sugar

1/2 to 1 cup water

2 teaspoons salt

Place all ingredients together in twin or triple Thermowell kettle. Put into oven when meat goes in; remove with meat.

## MODERN GREEN BEANS (Thermowell)

I pound green beans, sliced or

1 to 2 cups boiling water

Place beans, salt and boiling water in a triple or twin Thermowell kettle. Cook in Thermowell with 10 minutes of gas and about 15 minutes retained heat. TAKE OUT AS SOON AS THEY ARE DONE. All green vegetables and cauliflower are especially good cooked this way. In cooking spinach, add no water as the water that clings to the leaves when washing is sufficient,

## CINNAMON APPLE SAUCE (Chambers "Idle Hour" Cook Book)

8 large cooking apples (about

2 tablespoons water

2 pounds)

1/4 cup sugar

1/3 cup red cinnamon candies

Peel, quarter, and core apples; place with cinnamon candies and sugar and water into twin or triple Thermowell kettle. Put into oven 10 minutes before turning off gas for meat. Remove with meal and mash. Serve hot with meal or chill for dessert.

## Quick! Easy!

# Hot Breads from the Chambers Family Kitchen

#### COFFEE CAKE

1½ cups sifted all-purpose flour
3 teaspoons baking powder
½ cup milk
½ teaspoon salt
¾ cup sugar
1½ teaspoon vanilla
½ teaspoon lemon extract

#### TOPPING

2 tablespoons melted butter 1/4 cup sugar 1 tablespoon flour 1 teaspoon cinnamon

Sift flour, baking powder, salt and sugar together. Cut in shortening with fork or a pastry blender until mixture is like fine cornmeal. Blend in well beaten egg mixed with milk. Then blend in flavoring, and beat just enough to mix well. Pour the batter into a well greased 12x8x2 inch baking pan, or into 2 layer cake pans. Spread dough evenly and brush over with the melted butter. Then sprinkle over with the flour, sugar and cinnamon that has been mixed well together. Bake in a Chambers preheated oven at 375° for 25-30 minutes.

## BACON PINWHEELS

1½ cups flour
2 teaspoons baking powder
½ teaspoon salt
3 tablespoons shortening

½ cup milk (approximately)
½ cup chopped crisp bacon
4 tablespoons butter or margarine

Mix and sift flour, baking powder and salt. Cut in shortening. Add milk to make a soft dough. Roll out thin in oblong on lightly floured board. Cream butter or margarine; add bacon; spread on dough. Roll like jelly roll. Cut in 1 inch slices; place in greased muffin pans. Bake in a Chambers preheated oven at 425° for about 15 minutes. Serve immediately. Makes 10-12.

#### CORNMEAL MUFFINS

 ½ cup butter
 2 cups flour

 ½ cup sugar
 1 cup cornmeal

 2 eggs
 4 teaspoons baking powder

 1 cup milk
 1½ teaspoons salt

Cream the butter. Add sugar, then eggs, beaten without separating, until light-colored and thick. Sift flour, cornmeal, baking powder, and salt. Add the sifted dry ingredients alternately with the milk. Beat thoroughly and pour batter into hot well-buttered gem pans. Bake in a Chambers preheated oven at 400° for about 20 minutes.

## SOUTHERN GRIDDLE CAKES

2 egg yolks
3 tablespoons melted butter
2 tablespoons sugar
1½ cups sifted flour
1 teaspoon soda

1 teaspoon baking powder
½ teaspoon salt
1⅓ to 1⅓ cups buttermilk
2 egg whites

Beat yolks well. Add melted butter which has been blended with the sugar. Add sifted dry ingredients alternately with buttermilk. Beat until smooth. Fold in the egg whites that have been beaten stiff but not dry. Drop the batter by spoonfuls on the Chambers lightly greased, hot griddle and bake until puffy and light. Turn the cakes to bake on other side. Serve with syrup or powdered sugar. NOTE: Keep flame low under griddle. If grease smokes, it is too hot.

## **BRAN MUFFINS**

2 cups flour
3½ teaspoons baking powder
1½ teaspoons salt
1⅓ cup sugar
2 cups wheat bran
1 egg
1¾ cups milk
3 tablespoons melted butter

Sift flour, baking powder, salt and sugar together. Add wheat bran. Add milk and melted butter, which has been cooled, to the beaten egg. Add liquid to dry ingredients and stir until flour disappears, but not until mixture is smooth. Bake in greased muffin pans in a Chambers preheated oven at 400° for 30 to

40 minutes.

DID YOU KNOW THAT—You can cook a complete meal in the CHAMBERS Range with only 20 minutes of gas?

# You Can Bake With Confidence In a Chambers Range

# Delicious and Easy-To-Make Cakes

#### WONDER ONE-EGG CAKE

2 cups sifted cake flour 2 teaspoons baking powder 1/4 teaspoon salt

l large egg, unbeaten 3/4 cup milk 1/2 teaspoon vanilla

1/3 cup butter 1 cup sugar ½ teaspoon vanilla ½ teaspoon lemon extract

Sift flour, baking powder, and salt. Cream butter and sugar thoroughly. Add egg and beat well. Add dry ingredients alternately with milk. Add flavoring. Pour into a greased 8x8x2 inch cake pan. Bake in a Chambers pre-heated oven at 350° for about 40 to 50 minutes. Frost when cool with "Butter Cream Frosting" or use the "Broiler Frosting" recipe in Series 2.

## BUTTER CREAM FROSTING

4 tablespoons butter (melted)

2 teaspoons vanilla

5 tablespoons cream

4 cups sifted powdered sugar

1/2 teaspoon salt

Melt butter and add cream. Add salt, vanilla, and powdered sugar. Beat well. Add more cream if necessary, but keep frosting thick and fluffy. Chill in refrigerator until cake is cool. Make one-half of this recipe if frosting only the top of a loaf cake.

## PRIZE ANGEL FOOD CAKE (Electric Mixer Method)

1 cup sifted cake flour 1½ cups sifted sugar 1¾ cups egg whites ½ teaspoon salt

2 teaspoons cream of tartar 1 teaspoon vanilla

1/4 teaspoon lemon extract

Sift flour once, measure and sift 3 more times. Sift and measure sugar. Place the egg whites (which are room temperature) in large mixing bowl. Add salt. Whip on No. 7 or 8 speed (high) until foamy. Lift beaters up and down to incorporate more air during entire mixing process. Add cream of tartar and whip until stiff, or until egg whites stand up in points, but not dry. Using No. 1 (slow) speed, add sugar slowly, 1 tablespoon at a time. Add flavoring. Then fold in sifted flour by hand and when all mixed, pour batter into a tube pan about 10 inches in diameter across top and 4 inches deep. Bake in a Chambers pre-heated oven at 300° for the first 30 minutes. Then 325° for another 15 minutes, and 350° for the last 15 minutes, making about 1 hour in all.

#### TOASTED SPICE CAKE

1/4 cup butter
 1 cup brown sugar
 1 whole egg
 1 egg yolk
 1/4 teaspoon salt

1/2 teaspoon baking soda 1/2 teaspoon cinnamon 1/2 teaspoon cloves

1/2 cup sour milk or buttermilk 1 1/3 cups sifted cake flour

Cream the butter, add the sugar, blend thoroughly and add the whole egg and egg yolk. Measure, mix and sift the dry ingredients (if a more spicy cake is desired, add ¼ teaspoon nutmeg and ¼ teaspoon ginger to dry ingredients) and add to butter mixture alternately with the sour milk. Mix thoroughly, turn into a well buttered 8x8x2 inch cake pan and prepare the following:

#### BAKED FROSTING

1 egg white

½ cup brown sugar ¼ cup nut meats, chopped

Whip the egg white until light, then add the brown sugar, sifting it into the egg. Beat until the meringue is stiff enough to hold a peak. If nuts are used, sprinkle them over the batter. Cover batter with meringue. Bake cake in a Chambers pre-heated oven at 350° for 40 to 50 minutes. This cake has its own crisp baked frosting—toasted!

DID YOU KNOW THAT—There is no pot watching with a CHAMBERS Range? Nothing can burn with the gas turned off.

# Chambers Gold Cookery

# Favorite Recipes Using the Yolks of Eggs

#### LUSCIOUS GOLD CAKE

23/4 cups sifted cake flour

11/4 cups granulated sugar

31/2 teaspoons baking powder

8 egg yolks

1/2 teaspoon salt

3/4 cup milk

3/4 cup shortening

1/2 teaspoon lemon extract

Sift flour, baking powder, and salt together three times. Cream shortening; add sugar gradually, while continuing to beat until light and fluffy. Beat egg yolks until thick and lemon-colored; add with the flavoring to the creamed mixture, and beat smooth. Add flour mixture alternately with milk; beat smooth. Pour batter in 3 greased, 8-inch layer cake pans. Bake in a Chambers pre-heated oven at 375° for 25 minutes. Fill and frost with Lemon Sunshine Frosting. Then sprinkle 1½ teaspoons grated lemon rind on top and cover sides with 1 cup shredded cocoanut.

#### LEMON SUNSHINE FROSTING

1 tablespoon grated lemon rind

6 cups sifted confectioner's

6 tablespoons butter or mar-

sugar

garine

6 tablespoons lemon juice

3 egg yolks, unbeaten

Cream together the lemon rind and butter; add egg yolks, and beat well. Add the sugar alternately with the lemon juice, beating smooth after each addition.

## BAKED CUP CUSTARDS

6 egg yolks. beaten

3 cups scalded milk

6 tablespoons granulated sugar

Speck nutmeg

1/4 teaspoon salt

Combine egg yolks, sugar, nutmeg, and salt. Gradually add scalded milk, stirring constantly. Pour into 6 greased custard cups; place in pan of hot water, and bake in a Chambers pre-heated oven at 325° for 60 minutes or until a silver knife inserted in center comes out clean. Remove cups from the water immediately and chill. Cocoanut may be sprinkled on top of custards before baking.

## HOLLANDAISE SAUCE

2 egg yolks

1/8 teaspoon paprika

1/2 teaspoon salt

1/2 cup melted butter

Speck cayenne pepper

1 tablespoon lemon juice

With a rotary egg beater or electric beater at high speed, beat egg yolks until thick and lemon-colored. Add salt, pepper, and paprika. Then add 3 tablespoons of the melted butter, a little at a time, beating constantly. Then beat in rest of butter alternately with the lemon juice. Serve with hot asparagus, broccoli, cabbage, etc. If made ahead, chill until serving time. Then stir until softened over lukewarm, not hot, water. Serves 4 generously.

DID YOU KNOW THAT—You can cook a meat and vegetable soup in the CHAMBERS Thermowell with only 20 minutes of gas?

## COOKIES

"And I'm sorry for people, whoever they are, Who live in a house where there's no cookie jar."

. . . Edgar Guest.

## **ENGLISH TOFFEE COOKIES**

1 cup butter
1 cup sugar
1 egg yolk
1 teaspoon vanilla
1/2 cup ground pecan meats

1 teaspoon salt 1 egg white

1 teaspoon cinnamon
2 cups sifted cake flour

1/2 cup ground pecan meats

Cream butter and sugar. Add unbeaten egg yolk and beat well. Add the sifted dry ingredients. Mix thoroughly. Add vanilla and ½ cup ground pecan meats. Beat well. Press the cookie dough into a shallow 10x15 inch baking pan. Have dough about ¼ inch thick. Beat the egg white until frothy and brush over top of the dough and sprinkle with the other ½ cup ground pecan meats. Bake in a Chambers preheated oven at 350-375° for 20 to 30 minutes. Cut in squares immediately when removed from oven.

## OATMEAL CRISPIES

1 cup shortening
1 cup firmly packed brown sugar
1 cup white sugar
2 well beaten eggs
1 teaspoon vanilla
1½ cups sifted flour

2 teaspoons baking powder
1 teaspoon salt
3 cups quick cooking oatmeal
(not cooked)
½ cup chopped nut meats

Cream shortening and gradually add the white and brown sugar. Cream until spongy. Stir in the well-beaten eggs and the vanilla. Sift flour, baking powder, and salt several times and add to the butter and egg mixture. Blend thoroughly. Add the oatmeal and the nut meats, stirring until combined. No liquid is required in this recipe. Form the dough into long rolls and chill thoroughly in the refrigerator. Cut into slices one-fourth inch thick or less. Bake on an ungreased cookie sheet in a Chambers pre-heated oven at 350° for about 10 minutes.

## DATE DROPS

1 cup shortening
1½ cup brown sugar
2 cup sifted all-purpose flour
½ teaspoon baking soda
2 teaspoons baking powder

1 teaspoon cinnamon
2 teaspoons powdered cloves
1 pkg. pitted dates cut up fine
(7½ ounces)
1½ cup chopped nut meats

Cream butter and sugar thoroughly. Add the eggs one at a time and beat well. Sift flour, soda, baking powder and spice together and add ½ cup of this mixture to the dates and nut meats. Add the remaining dry ingredients to the creamed mixture, beating just long enough to thoroughly blend. Add the floured dates and nuts. Drop by teaspoonfuls onto a greased cookie sheet. Bake in a Chambers pre-heated oven at 375° for about 10 minutes.

#### CHOCOLATE CHIP COOKIES

1 cup shortening
3/4 cup brown sugar
3/4 cup white sugar
2 eggs, unbeaten
1 tablespoon water
1 teaspoon vanilla
21/2 cups sifted all purpose flour

1/2 teaspoon salt
1 teaspoon soda
1 cup broken nut meats
2 (7 or 8 oz.) pkgs. of sweet or
semi-sweet chocolate bits or
pieces

Thoroughly cream shortening and sugars; add eggs, water and vanilla. Beat well. Add flour, sifted with the salt and soda. If using bar chocolate, cut in ¼ inch bits or pieces (about bean size). Stir in chocolate bits (not melted) and nut meats. Drop from teaspoon, 2 inches apart, on ungreased cookie sheet. Bake in a Chambers pre-heated oven at 325° for 20 to 30 minutes, depending on whether you want a waxy cookie or a crisp one. Makes about 6 dozen.

DID YOU KNOW THAT—To cook with a CHAMBERS Range is like having the maid you have always wanted?

# Chambers COOKS WITH THE GAS TURNED off

# Recipes for Your Chambers Range

1. Thermowell One Dish Meals

Raisin Pot Roast with Vegetables Spaghetti and Meat Balls Pork and Beans with Brown Bread

2. Oven Dinner

Meat Loaf Twins
Parsley Creamed Potatoes

Green Beans, Old Fashioned and Modern Cinnamon Apple Sauce

3. Hot Breads

Coffee Cake with Cinnamon Topping Bacon Pinwheels Cornmeal Muffins
Southern Griddle Cakes
Bran Muffins

4. Easy-to-Make Cakes

Wonder One-Egg Cake with Butter Cream Frosting Prize Angel Food Cake Toasted Spice Cake with Baked Frosting

5. Gold (Egg Yolk) Cookery

Luscious Gold Cake Lemon Sunshine Frosting Baked Cup Custards Hollandaise Sauce

6. Cookies

English Toffee Cookies Oatmeal Crispies Date Drops
Chocolate Chip Cookies

NOTE: Standard level measurements were used in these recipes.